

## Office Locations

565 Route 25A, Suite 201  
Miller Place, NY 11764

358 Veterans Memorial Highway  
Commack, NY 11725

206 Deer Park Avenue  
Babylon, NY 11702

70 Glen Cove Road, LL3  
Roslyn Heights, NY 11577



## About East End Psychological Services

East End Psychological Services (EEPS) is a highly trusted and reliable psychological evaluation and treatment center.

Across Long Island and the greater New York area, family physicians, pediatricians, school personnel and many others have depended on EEPS to offer expert psychological assessment and psychotherapy.

Our clinical staff helps children, teenagers and adults achieve to their full potential.

East End Psychological Services offers a comprehensive and outstanding level of psychological care with four conveniently located offices.

# The Child and Adult Diagnostic and Treatment Program for ADHD

*Helping people with ADHD reach their full potential every day.*

EAST END PSYCHOLOGICAL SERVICES, P.C.  
Nassau and Suffolk Locations  
Telephone: (631) 821-7214  
Toll Free: (888) 988-EEPS  
[www.eepservices.org](http://www.eepservices.org)

## The Child and Adult Diagnostic and Treatment Program for ADHD

The Child and Adult Diagnostic and Treatment Program for ADHD provides testing and state-of-the-art treatment for Attention-Deficit/Hyperactivity Disorder (ADHD) across the lifespan. The Program, one of the most comprehensive in the New York area, is dedicated to diagnosing and treating attention and learning problems in children, adolescents and adults.

Staff psychologists begin the evaluative process by obtaining detailed background information. Next, clients are tested for executive skills such as attention span, self-control, working memory and organizational abilities.

Psychoeducational testing is provided when there is evidence for learning or other cognitive problems. Social-emotional and personality variables are evaluated as well. Direct consultation with school staff is typically part of the assessment process for school-aged children. Interviews with significant others are utilized when evaluating adults.

The Program uses a multidisciplinary approach to treating ADHD by coordinating services among the school system, work setting, family members, physician and psychologist. This team approach has been shown to be most effective for long-term change.

*Many individuals with ADHD suffer silently and sometimes never receive proper assistance.*

Treatments are highly individualized and include behavior therapy, collaboration with the school system, consultation with medical personnel for medication management when necessary, as well as individual, family and relationship counseling.

Our staff psychologists examine conditions that often co-occur with ADHD such as learning disabilities, anxiety, depression and substance abuse and treat those conditions concurrently.

Effective intervention for ADHD involves strengthening the individual's executive skills. Executive skills permit individuals to initiate and stop actions, to monitor and change behavior as needed and to plan and organize future behavior. The executive skills directly impact academic, career, interpersonal and social success.

*East End Psychological Services offers a comprehensive and expert level of psychological care.*

Through our behavioral interventions, we help improve executive skills such as impulse control, planning skills, organization, time management, emotional regulation and working memory. These are skills that are necessary for success in the home, school and/or employment settings.

When assisting children, our staff works with parents and teachers so that executive skills can be generalized between the home and school environments. With adults, we teach and coach the individual in the use of effective strategies to utilize at work, school and within their relationships.

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